

## What is Borderline Personality Disorder?

Tuesday, 31 October 2017, 7:15 pm – 8:30 pm AEDT

**Assoc. Prof. Josephine  
Beatson, psychiatrist**

Assoc. Prof. Jo Beatson is a psychiatrist and psychoanalytic psychotherapist who has treated, supervised, written and taught about

psychotherapeutic treatments for people with Borderline Personality Disorder over many years.

Her current focus is on the application of factors common to effective treatments for BPD in general psychiatric and primary health care settings.



She has been a member of the Board of the Mental Health Council of Australia, and until March 2017 was a member of the RANZCP Members Advisory Council, their Practice and Partnerships Committee, their Community Collaboration Committee.

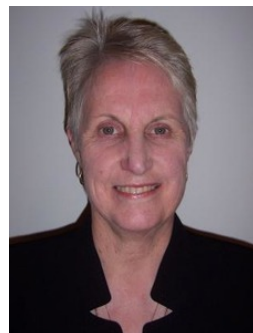
She was a Director of the Australian Psychology Accreditation Council for three years, the Private Mental Health Alliance since 1998 and a surveyor with the Australian Council on Health Care Standards since 2001. Janne is currently a member of the South Australian Health Practitioners Tribunal and Patron of the Australian BPD Foundation.

In 2008, Janne was awarded the Medal of the Order of Australia (OAM) in recognition of her advocacy work.

**Ms. Janne McMahon, OAM,  
advocate**

Janne McMahon OAM has worked in the mental health area as a consumer advocate since 1997. She founded the Private Mental Health Consumer Carer Network (Australia) which is a recognised peak Australian organisation.

She has appeared before ten parliamentary inquiries, has been a member of a number of Australian Government committees, national evaluation groups, expert advisory and reference groups, as well as many other key national mental health policy and decision making committees.



**Dr. Christopher Wurm, general  
practitioner**

Chris Wurm studied medicine and German at University of Adelaide, then trained as a GP and studied logotherapy and existential analysis in Vienna. He has worked in a Community Mental Health team and the Drug and Alcohol Resource Unit, Royal Adelaide Hospital.

He is now Senior Consultant, Sefton Park Primary and Ambulatory Care; GP Psychotherapist and Addiction Physician in private practice at Florey Healthcare, Pooraka and has been involved with the development of South Australia's Borderline Personality Disorder Action Plan.



**Panel continued . . .**

Chris holds an honorary position as Visiting Fellow, Discipline of Psychiatry, University of Adelaide.

He is also the author of two book chapters and co-editor of a book translated from German to English.

Chris has been invited to run workshops and presentations on interpersonal psychotherapy and existential psychotherapy in Adelaide, Sydney, Jakarta, Vancouver, Iowa City and Auckland.

**Mr. Julian Browne,  
psychologist**

Julian is a psychologist and psychotherapist with 17 years of experience in forensics, community health, and clinical mental health.



Since 2008, he has worked at Spectrum, the personality disorder service of Victoria. He has worked extensively with complex and severe clients and within the carer and health systems around them in a consultation and treatment role. He provides psychotherapy to individuals and couples, and works with parents of children with Borderline Personality Disorder and/or eating disorders.

He has interests in complex systems, integrative learning, supervision, psychoanalysis, couple's therapy, psychotherapy, and trauma.

**Facilitator: Dr. Lyn  
O'Grady, community  
psychologist**

Lyn O'Grady is a community psychologist with a range of professional experience in the community, education and health



sectors. She is a registered supervisor of psychology interns. Her most recent work has related particularly to the mental health and wellbeing of

children, young people and families. This interest has extended in recent times to understanding suicidality and she is in her final year of the Master of Suicidology at Griffith University.

She has worked with parents in parenting programs, individually at the community level and in schools for over 20 years and managed a number of community-based projects. Lyn also worked as a school psychologist in the Western Metropolitan Region of Melbourne. At a more systemic level, she currently works as the National Project Manager at the Australian Psychological Society.