

Management of self-injury and suicidality

Wednesday 26 September 2018, 7:15 pm – 8:30 pm AEST



Pip Bradley

Mental Health Nurse, Vic

Pip has 20 years experience in mental health nursing, most of those specialising in the treatment and management of BPD.

Pip's experience includes working within specialist personality disorder services, community teams and inpatient units.

Pip provides therapy, training and consultation regarding complex presentations and therapeutic risk management to public, private and non-government sectors. She has predominantly specialised in DBT, and works as a DBT therapist and trainer.

Pip is committed to providing effective and therapeutic treatments for people with borderline personality disorder as well as supporting and mentoring clinicians and developing effective service delivery.



Mahlie Jewell

Lived Experience Advocate, NSW

Mahlie has lived with severe mental health issues since childhood; spending time homeless and in the care of state mental health services.

Her experiences of living with borderline personality disorder, post traumatic stress disorder (PTSD) and brain injury, have been published nationally.

Mahlie currently works as a consumer advocate for Project Air, NSW Department of Education, SANE Australia and the NSW Mental Health Commission.

Mahlie is a qualified counsellor, intentional peer support worker and freelance graphic artist. She has worked in the not-for-profit (NFP) community services sector for over 10 years and now specialises in design and campaign work.



Melissa Kent

Psychologist, QLD

Melissa is a clinical psychologist with full AHPRA registration and clinical endorsement. She is a member of the Australian Psychological Society, and a fellow of the College of Clinical

Psychologists.

Melissa is the director and principal clinical psychologist of a private practice group in Brisbane, and holds the position of DBT coordinator at The Floresco Centre in Ipswich. She is also a PhD candidate in the Faculty of Medicine at the University of Queensland, where her research is investigating the mechanisms of change in DBT for people with BPD.

Melissa has a special interest working with people with BPD and PTSD, and the majority of her clinical work is in this field. She is also passionate about reducing the stigma associated with BPD and improving access to services. She coordinates the Ipswich-West Moreton BPD MHPN, and heads a number of working groups related to improving services for people with BPD in the Ipswich region.

Melissa has 15 years of experience in a range of therapeutic environments, including hospitals, youth mental health, corrections, and private practice.



Facilitator: Dr Lyn O'Grady

Psychologist, Vic

Lyn is a community psychologist with a range of professional experience in the community, education and health sectors.

She is a registered supervisor of psychology interns. Her most recent work has related particularly to the mental health and wellbeing of children, young people and families. This interest has extended in recent times to understanding suicidality and she has completed her Masters of Suicidology at Griffith University.

Lyn has worked with parents in parenting programs, individually at the community level and in schools for over 20 years and managed a number of community-based projects.

Lyn also worked as a school psychologist in the western metropolitan region of Melbourne. At a systemic level, she currently works as the manager of strategic projects at the Australian Psychological Society.