

Where?

Mental Illness Fellowship
South Australia (MIFSA)
5 Cooke Tce
Wayville SA 5034

When?

Second Tuesday of each month
4 pm to 6 pm

Contact:

Judy or Bob
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or
email: bobandjudy@adam.com.au



SANCTUARY

Borderline Personality
Disorder
Carer Support Group



What is Borderline Personality Disorder?

Borderline Personality Disorder (BPD) is a complex mental illness that is often misunderstood.

It is generally held that biological and environmental risk factors interact to reach a certain critical level of brain dysfunction in order for the symptoms of borderline personality disorder to become apparent.

Regrettably, people with Borderline Personality Disorder can often experience the worst prejudice, discrimination, stigma and hostility of any mental illness.

Around 80% of individuals diagnosed with BPD are women.

Both consumers and carers affected by BPD may experience non-acceptance and a severe lack of valid information about this illness. They are often made to feel guilty and may feel shame as a result.



How Can our Carer Support Group assist?

Sanctuary's prime objective is to create a haven for carers, where any negative experiences can be replaced with sound, clinically-based information, recognition of the challenges that carers experience, the support of others who are travelling the same road, and advice about sources of information and treatment.

Our aim is to help carers gain a better awareness of BPD, to assist them to relate to the person they care for with understanding and compassion, and to promote the need for access to a range of treatments for both individuals and families affected by this debilitating and serious mental illness.

We believe that the prognosis for people with a diagnosis of Borderline Personality Disorder is positive if appropriate treatment is accessed.