

PROJECT AIR
A PERSONALITY DISORDERS STRATEGY

Belong

A Personality Disorders Support Group

Where: Southport
(please contact us
for the address)

When: First
Tuesday of the
Month 1pm-3pm

A positive community support group for people experiencing Personality Disorders.

Facilitated by Lived Experience Peer Workers, we aim to create a safe space for shared experience where we learn and grow alongside each other.

With new COVID-19 restrictions we are limited to the number of people we can allow at each group. Please ensure you let us know if you will be attending so we can make sure we adhere to these guidelines.

Tegan - 0436 643 421

Jackie - 0428 282 754

If you are experiencing a mental health crisis, please call our 24 hr 1300 MH CALL number on 1300 64 2255.