

Training Calendar

In-person or Online

Spectrum is as a centre of excellence specialising in personality disorder and complex trauma. Our specialist clinical trainers deliver fee-based workshops throughout the year to equip health and community workers in the public, private and community sectors with the knowledge and skills to work with people with personality disorder and complex trauma.

Some workshop topics include:

- Foundation training for working with people with borderline personality disorder (BPD)
- Dialectical Behaviour Therapy for BPD
- Mentalization-Based Treatment for BPD
- Working with crises associated with BPD
- Working with complexity associated with BPD
- BPD core competency workshop
- Working with people with BPD for private psychiatrists/registrars and GPs

Spectrum also provide workshops for families and friends who support someone with (or have a likely diagnosis of) BPD.

FULL TRAINING CALENDAR



MAILING LIST

Subscribe to our mailing list to be notified of upcoming workshops and events:



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www.spectrumbpd.org.au