



NATIONAL BPD TRAINING STRATEGY

Australian BPD Foundation

EFFECTIVE PSYCHOLOGICAL TREATMENT FOR BORDERLINE PERSONALITY DISORDER

A FREE e-learning training program for mental health workers and service providers

This online training is designed to help you gain the knowledge and skills to provide evidence-based treatment and support to the person with BPD and their family/carers.

Read the information, watch the videos, answer the questions and read the linked resources. Each module takes approximately 60 minutes to complete. A certificate of Completion will be issued following completion of the modules and passing a multiple choice test.

<https://bpdfoundation.org.au/learning-modules.php>



MODULE 1 - What is effective care for BPD



MODULE 2 - How to effectively engage people with BPD in treatment



MODULE 3 - How to reduce crisis and increase safety to promote recovery in people with BPD



MODULE 4 - Working actively with people with BPD: Connecting with carers, partners and family



MODULE 5 - Successful BPD treatment - A survival guide for mental health workers

For more information about the training, contact admin@bpdfoundation.com.au