## **ALTERNATIVES TO SUICIDE**

alt2su

alt2su is a peer led, non-clinical and confidential space where people can talk about, sit with and make sense of suicidal experiences, thoughts and distress.

Together we find strength & healing in collective wisdom and the sharing of stories.

Every Wednesday 6:30pm - 8:00pm at Thrillhouse Tattoo 559 Old Cleveland Road, Camp Hill

for more information and dates check our website

www.brookred.org.au (07)3343 9282

