

**MINUTES  
Australian BPD Foundation AGM 2022/23**

**Tuesday 21st November 2023**

Online via Zoom

Chair: Rita Brown

Minutes: Karen Bailey

Attendees: Rita Brown, A/Prof Sathya Rao, Karen Bailey, Desmond Yew, Estelle Malseed, Milo Goldacre, Vikki Ryall, Alison Asche, Natasha Swingler, Michael Hazelton, Aaron Fornarino, Jeannette Kavanagh, Sophie Lucas, Liz Hodgman, Judy Burke, Hannah Tucker, Dom Mandziy, Liz Pederson, Nicholas Procter.

**Ordinary Business:**

1. Welcome & Acknowledgement
  - Acknowledgement of Country and Lived Experience
  - Introduction of Board Members
2. Apologies:
  - Keith Warren, Felicity Farmer, Lia Marra, Jo Beatson, Sri Vadasseri, Jillian Broadbear, Bob Malseed.
  - Proxies received from: Felicity Farmer, Jo Beatson, Sri Vadasseri, Jillian Broadbear, Bob Malseed.
3. Declaration of Quorum:  
Quorum met
4. Confirmation of minutes of previous AGM 23/11/2022  
Moved by Rita Brown to confirm previous minutes, seconded by Estelle Malseed and Mike Hazelton. Passed unanimously.
5. Chairperson's Report – highlights of 2022/23
  - The Foundation had developed a new Strategic Plan, and noted that our mission, vision and values statements now include complex trauma in recognition of the significant overlap in symptoms surrounding personality difficulties and complex trauma.
  - We finalised the *Guide to Services for BPD in Queensland*, which has been printed and distributed, and proving to be very popular.



- The *National Consensus Statement* continues to play a central role in our advocacy.
- BPD Awareness week 2023 was a success – the theme was ‘*Be the Difference: Principles of Care*’. The campaign aimed to deepen the knowledge clinicians have of BPD and encouraging them to apply the core principles of care in their practice. This year we worked with WeAreSavvy a communication and marketing company so there was a slightly different look to our resources. Postcards and posters were extremely popular at conferences and event displays.
- The Foundation attended the *International Society for the Study of Personality Disorders (ISSPD) Congress*. We developed some new international relationships and strengthened existing ones in the US and UK, especially with Emotions Matters.
- The *BPD eBulletin* continues to be an important way of communicating with our membership, and you are invited to send articles for inclusion to [newsletter@bpdfoundation.org.au](mailto:newsletter@bpdfoundation.org.au)
- Board members acknowledged the caring and important work Estelle does answering phone calls the Foundation’s Information Line.
- Thank you to Eastern Health for their provision of office space, and Price Gibson for pro-bono auditing of our financial report.
- Thank you to all members, those who share their experiences with us, volunteers and Board members.

Question from attendee deferred to *Other Business*

Confirmation of chairperson’s report – moved by Rita Brown, seconded by Michael Hazelton. Passed unanimously

6. Annual Financial Report for the year ended 30 June 2023:

- As our immediate past treasurer is unable to attend tonight’s meeting, please direct questions to Desmond Yew or Rita Brown.
- Financially we are still in a strong position due to the funding received for our National Training Strategy and the considerable volunteer efforts keeping our costs down. We are cash positive and can pay our debts as and when they fall due.

No questions from attendees

Rita Brown moved that the annual financial reports for the year to June 2023 be approved by the members. Seconded by Estelle Malseed. Passed unanimously.



## 7. Re-appointment of the Auditor:

Rita Brown moved that we nominate Price Gibson Chartered Accountants as our auditor for the 2023-2024 financial year. Seconded by Natasha Swingler. Passed unanimously

### Election of Directors:

- *Keith Warren* has retired from the position of Treasurer after 12 years service.
- *Aaron Fornarino* has nominated for a position.
- *Sathya Rao, Victoria Ryall, Alison Asche, Natasha Swingler, Desmond Yew* are available for re-election and nominations for their reelection were received.

Since we have 6 vacancies and 6 nominations Rita Brown declared Sathya, Victoria, Alison, Natasha, Desmond and Aaron to be duly elected and congratulated them on their election.

## 8. Other Business:

- NDIS - Jeanette Kavanagh enquired about accessing data on NDIS clients, as she has a number of clients supported through NDIS who are not limited to 10 sessions as are people who access Medicare for funding. Rita advised the Board is currently in the process of writing to the Federal Govt and NDIS will be on the agenda as it is federally funded. Jeanette offered to discuss further with Rita.
- Thankyou - Mike Hazelton announced on behalf of members of the Board they would like to formally acknowledge and thank Rita Brown for her work and dedication to the Foundation.

## 9. Close of meeting:

Rita thanked everyone for attending and closed the meeting at 7:20pm (AEDT)

**'Why compassion matters in mental health and suicide prevention'** presented by Prof Nicholas Procter, Chair of Mental Health Nursing and SA's Mental Health and Suicide Prevention Research Group. Chaired by Mike Hazelton. Available for viewing <https://youtu.be/beTy7bJbJwU>

The presentation generated discussion on Self-Compassion and Alt2Su

<https://self-compassion.org/>

<https://www.bpdfoundation.org.au/people-experiencing-bpd.php>

