



I LOVE
SOMEONE WITH
BORDERLINE
PERSONALITY
DISORDER

DO YOU HAVE A FAMILY MEMBER, FRIEND AND/OR CARE FOR SOMEONE WITH BORDERLINE PERSONALITY DISORDER (BPD)?



WOULD YOU LIKE TO MEET OTHERS WHO SHARE A SIMILAR JOURNEY FOR SUPPORT AND LEARNING?



THEN PLEASE COME AND JOIN US.
WHEN: Next meeting 7 Nov 2022
(FIRST MONDAY OF EVERY SECOND MONTH.)
2023: 6th February, 3RD April, 5TH June,
7th August, 7th October, 5th December



WHERE: ONLINE via Zoom OR IN PERSON AT
BPD Awareness ACT Office in Belconnen

Email bpdawarenessact@gmail.com to be sent the link to join us online via Zoom or to get our address.

TIME: 5.30pm to 7.30pm

This is a support group for anyone who loves and/or cares for a family member or friend who has been diagnosed with Borderline Personality Disorder (BPD) or who has BPD traits. Our meetings will be a safe place, where loved ones and carers are welcomed and receive support to cope with this serious illness, which often causes much trauma for both those with the diagnosis of BPD and their loved ones.

It is a place to talk about the impact of this illness, to learn coping skills from others on a similar journey and to learn about the illness and its treatment. We have formed this support group, so we no longer feel so isolated and alone.

For more information, please contact Natalie Malcolmson by phone on 0415 111 894 or email at bpdawarenessact@gmail.com

Please note, this support group is not designed for people who experience BPD but rather their families, friends and Carers.