



**TRAVEL AND
REGISTRATION
SUPPORT
AVAILABLE!**

CONSUMER, FAMILY AND CARER DAY

Thursday 7th November 2019
University of Wollongong, NSW

The Personality Disorders Consumer, Family and Carer Day is a safe and inclusive space focusing on 'Respecting Perspectives' from people with lived experience and their family and carers.

Join us for a full program of lived experience talks, as well as updates from those actively working in the treatment of personality disorders. The day encourages all people with lived experience to voice their views on issues central to the treatment of personality disorders.

AARON FORNARINO

*Why Me? Turning Points with
Borderline Personality Disorder*



NATALIE MALCOLMSON

*Peer-led DBT
skills groups:
Can they
work?*



MAHLIE JEWELL

*Art as distress
tolerance:
A lived
experience
interactive
workshop*



FINANCIAL SUPPORT AVAILABLE

A limited number of travel and registration bursaries have been made available to assist people to attend the day. Priority will be given to Consumers, Carers and Individuals who would be unable to attend for financial reasons.

***If you are a person with lived
experience of personality disorder:
contact Tina Pirola at BEING NSW
on info@being.org.au***

***If you are a carer, family or support person:
contact Laura Knight at Mental
Health Carers NSW on 02 9332 0777
Laura.Knight@mentalhealthcarersnsw.org***

REGISTER ONLINE

<http://bit.ly/2LLX49p>

GENERAL ENQUIRIES

info-projectair@uow.edu.au

Ph: 02 4298 1571

