



The Australian BPD Foundation Invites you to a Preconference* Workshop

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Dr Annemaree Bickerton (Child, Adolescent and Family Psychiatrist) &
Toni Garretty (Clinical Coordinator)

Family and Carer Mental Health Program, Illawarra Shoalhaven Local Health District presents:

“Staying Connected When Emotions Run High”

Date: 5th October 2016

Venue: Collective Purpose Offices, WOOLLOOMOOLOO NSW 2011

(full venue details will be provided on registration)

Time: 9am – 4.30pm. Registration 8.30am

Who should attend: Mental Health Clinicians, Health Professionals, NGO's and Government Employees

Cost: \$150 (includes morning tea and lunch).

A limited number of subsidised tickets are available for peer workers or people employed by NGOs supporting people with experience of BPD (with priority for those with limited financial resources) & students. If you would like to apply for one of these please send an email to

conference@bpdfoundation.org.au

This workshop introduces professionals to the “Staying Connected When Emotions Run High” framework and will help you to develop strategies to become a resource to someone who has changeable and overwhelming emotions; who displays impulsive and destructive behaviour or is diagnosed with marked emotion dysregulation (including personality disorder). This is based on highly successful family interventions.

Limited places. Book Now: www.trybooking.com/MIWJ

For more information: www.bpdfoundation.org.au

Email: conference@bpdfoundation.org.au

Tel: (03) 8803 5512 (please leave your contact details)

*The 6th Annual National BPD Conference “Achieving Recovery Together” will be held at the Wesley Convention Centre on the 6th October 2016

www.trybooking.com/MHDP

